

take control of your entertainment with AT&T U-verse® TV. **\$39/mo** for 6 months PLUS \$50 back via promotion card

Like Us on Facebook Follow Us on Twitter Android App iPhone App iPad App



Connect with Facebook Login New User Signup

SEARCH

**25¢ AN ISSUE!**  
SUBSCRIBE NOW!

Home What's on TV My TVGuide News Full Episodes Photos Movies Spotlight TV Guide Network TV Guide Magazine

What's Hot Best of the Year The Biggest Loser The Vampire Diaries Mega Buzz

## Today's News: Our Take

### Nona Brings the Heat to the *Hell's Kitchen* Finale

Dec 16, 2010 02:14 PM ET | Be the first to leave a comment by Bekah Wright

Tweet 0 Recommend



Hell's Kitchen

Gordon Ramsay — Nona.

Knives were drawn during *Hell's Kitchen* grand finale as last night's competition came down to two contestants, **Nona Sivley** and **Russell Kook**. Backed up by several former teammates, the chefs dueled over Season Eight's final dining service. The stakes were high with the winner to score the head chef position at LA Market Restaurant at the JW Marriott Los Angeles at L.A. Live, a one-year gig that comes with a hefty \$250,000 paycheck, and the role of official spokesperson for Rosemount Estate Wines. After a tense showdown, a victor was declared by Chef

TV Guide Magazine caught up with the sous chef from Ft. Worth, Texas at a grand finale party at JW Marriott Los Angeles' The Mixing Room, where she chatted about everything from her finely tuned palate to handling critics.

#### TV Guide Magazine: What did it feel like to win?

**Sivley:** You know how you feel when you go out in the cold and it kind of takes your breath away for a minute? That's what it felt like. I literally put my hand over my mouth and thought, "Oh my God, my door opened. What do I do? Do I walk out? Do I walk downstairs?" Then it was like, "Okay, don't fall down the stairs." Winning *Hell's Kitchen* validates everything I've worked so hard for. It's a remarkable feeling.

#### TV Guide Magazine: What was your strategy for the finale?

**Sivley:** We were relying on someone else to make us or break us, so when I wrote the menu, I wanted it to be as simple and executable as it could be.

#### TV Guide Magazine: What did you consider your obstacles during the course of *Hell's Kitchen*?

**Sivley:** The 15 other chefs on the show. People can judge from their couch and say, "Oh they're horrible, no one can cook on that show." In everybody's defense, all of us could cook, but having someone as intense as Chef Ramsay and that amount of pressure and stress on your shoulders all day long, every single day, is just mind-boggling. I think we all did the best we could possibly do in the situation. I say kudos to all of us.

#### TV Guide Magazine: What did you feel gave you the edge in the competition?

**Sivley:** When I won the blind taste test and everyone knew I had a palate. It was the confidence booster I needed and a turning point for me. I was like, "Oh my God, I actually have something I can com here." It was just straight up from there.

## Tonight's TV Hot List

Login or Connect with Facebook and add your favorite shows

**The Big Bang Theory**  
8:00pm CBS *New*

I'll Watch  
832 watching + you

**Bones**  
8:00pm FOX

I'll Watch  
274 watching

**The Office**  
9:00pm NBC

I'll Watch  
93 watching

See the Full TV Hot List

ADVERTISEMENT

**TV Guide Magazine: What techniques did you learn from Chef Ramsay?**

**Sivley:** Just seeing how he moves is amazing. He moves like a ballerina, rocking back and forth on the tips of his feet, ready to go if he needs to. I've adopted that simply from watching him.

**TV Guide Magazine: Would you turn to Chef Ramsay for advice down the road?**

**Sivley:** I would take any advice Chef Ramsay offers, whether it's as simple as where he keeps his side towel on his apron.

**TV Guide Magazine: What advice what you give future contestants?**

**Sivley:** You have to be yourself. If not, you're gonna get ripped apart and look like an idiot at the end.

**TV Guide Magazine: How do you suggest they handle criticism?**

**Sivley:** You can either go hide in a corner and cry, or you take it and go, screw that, I'm going to make this 10 times better and show you what I have. Live and learn.

**TV Guide Magazine: How do you think your culinary philosophy will blend with that of LA Market owner, Chef Kerry Simon?**

**Sivley:** It's a great match. His philosophy and my philosophy are pretty simple. You start with great ingredients, don't fuss with them too much and let them shine on their own. A lot of his menus are geared towards comfort foods done in a fine dining way. Comfort food makes people feel good, and I just want to make someone to feel good through my food. That's the ultimate goal.

[Subscribe to TV Guide Magazine now!](#)

Tweet 0

Recommend

**Related Links**

**Other Links:**

[Hell's Kitchen](#), [Gordon Ramsay](#), [Nona Sivley](#), [Russell Kook II](#)

**Tags:**

[Breaking News](#), [TV Guide Magazine](#)

**[The Ellen Degeneres Show](#)**

See This & More on KNBC's New Weekday Daytime Line-Up. Tune In!  
[www.NBCLosAngeles.com](http://www.NBCLosAngeles.com)



Ads by Google

**Comments(0)**

Sort comments:

**Leave a comment**

**Returning users**

Login and leave a comment

**New users**

Register and leave a comment

Connect with Facebook

Connecting with Facebook allows you to bring your Facebook friends and favorites to TVGuide.com and easily share your TVGuide activity on Facebook! You can also link your Facebook and TVGuide.com accounts.

You must be logged in to comment. Please log in or register above.

1. [Dancing with the Stars](#)
2. [Glee](#)
3. [NCIS](#)
4. [Criminal Minds](#)
5. [American Idol](#)

[more popular tv shows >>](#)

**Most Popular Celebrities**

1. [Elin Nordegren](#)
2. [Scarlet Johansen](#)
3. [Ryan Reynolds](#)
4. [Selena Gomez](#)
5. [Jennifer Connelly](#)

[more popular celebrities >>](#)

**Most Popular Movies**

**Top Videos**



McDonald's. I'm lovin' it. Roll over to learn more.

Share Page

Fan Page

Twitter

Recent Activity

What's Hot



### The Sing-off

[▶ watch episode](#)



### Human Target

[▶ watch episode](#)

### Find a TV Show

ABCDEFGHIJKLMNOPQRSTUVWXYZ#

#### Watch Online TV on TV

Official Logitech Google TV Site. Buy Revue Online Now!

[www.Logitech.com/GoogleTV](http://www.Logitech.com/GoogleTV)

#### Sony® Internet TV

Built-in Browser Watch Shows Online Powered Google TV. Buy Now!

[www.SonyStyle.com/SonyInternetTV](http://www.SonyStyle.com/SonyInternetTV)



Ads by Google

### Today's Photo Gallery



#### The Best TV Shows of 2010

Check out CBS' *The Good Wife* and all the other series we just couldn't do without this year

[see photos »](#)

[more photo galleries »](#)

### Our Partners



Waka Flocka Search Warrant -- Guns, Gangs & Ganja



Mel Gibson Doesn't Make Anti-Semitic Cut of 2010!



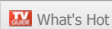
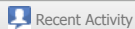
Katy Perry, Bruno Mars, Justin Bieber and More Spread Holiday Cheer at Jingle Ball 2010

2. [The Good Wife](#)
3. [Days of Our Lives](#)
4. [NCIS](#)
5. [Selena Gomez](#)

[more top videos »](#)



McDonald's. I'm lovin' it. Roll over to learn more.





Single 2011!



'Pink Panther' Director Blake Edwards Dies at 88



Cops Raid Waka Flocka's House, Gucci Mane Cuffed



Blake Edwards, Prolific 'Pink Panther' Director, Dies at 88



Sacha Baron Cohen to Play Fascist, Bald, Overweight Cop for 'Seinfeld' Writers

## Shop



**Buy Hell's Kitchen: Season 3 Raw & Uncensored (3pc) from Amazon.com**

From First Look Pictures (DVD)

Usually ships in 24 hours

Buy New: \$22.49 (as of 12/15/10 3:51

PM EST - [more info](#))



**Buy Hell's Kitchen: Season 4 Raw & Uncensored (3pc) from Amazon.com**

From Millennium Media Solutions (DVD)

Temporarily out of stock. Order now and we'll deliver when available. We'll e-mail you with an estimated delivery date as soon as we have more information. Your credit card will not be charged until we ship the item.

Buy New: \$23.49 (as of 12/15/10 3:51

PM EST - [more info](#))



**Buy Hell's Kitchen from Amazon.com**

From Allumination (DVD)

Usually ships in 24 hours

Buy New: \$7.98 (as of 12/15/10 3:51 PM

EST - [more info](#))

**BUILD YOUR  
OWN PLAN TODAY**

[CLICK HERE](#)



**TRAVEL GUARD**  
CHARTIS

Photo Credits: Patrick Wymore/FOX; Craig Blankenhorn/CBS



McDonald's. I'm lovin' it. Roll over to learn more.

Share Page

Fan Page

Twitter

Recent Activity

What's Hot